



- All lunches are served with Hormone Free low-fat milk. Infants and toddlers are served whole milk.
- Fresh seasonal or chilled fruit and vegetables are included with every meal.
- This menu does not contain peanuts or peanut products.
- We strive to provide meats that are hormone and antibiotic free.

Mon	Tue	Wed	Thu	Fri
<p><i>Allergens:</i> *CONTAINS MILK ^CONTAINS EGG *CONTAINS FISH # CONTAINS GLUTEN</p>		<p>1 Asian Stir Fried Beef or Tofu and Broccoli with Steamed Jasmine Rice. <i>Fresh Veggies</i>, <i>*^Ranch Dip</i>, Fresh Fruit. Milk</p>	<p>2 <i>#Chicken and Pasta Alfredo</i>, Steamed Vegetable. Milk. Fresh Fruit. Veg-Same</p>	<p>3 "Fish and Chips" X*#^Breaded Pollock w/ French Fries. Fresh Veggies & Ranch. Fresh Fruit. Milk. Veg- Veg Nuggets</p>
<p>6 <i>#Macaroni and Cheese</i> with Cheddar and Parmesan Cheese, Steamed Vegetable. Milk. Fresh Fruit. Veg-Same</p>	<p>7 <i>#Grilled Cheese Sandwich</i>, Tomato Soup Spinach Salad, Raspberry Dressing, Fresh Fruit, Milk. Veg-Same</p>	<p>8 <i>"Breakfast for Lunch"</i> French Toast, Maple Syrup, Turkey Sausage, Fresh Veggies with <i>*^Ranch Dip</i>. Fresh Fruit. Milk</p>	<p>9 <i>#Baked Penne Pasta</i>, Tomato sauce, Ricotta & Mozzarella Cheeses, Steamed Vegetable. Milk. Veg- Same. Fresh Fruit.</p>	<p>10 <i>*^#Potato and Cheddar Pierogis</i>. Served with Steamed Vegetables, Fresh Fruit and Milk. Veg - Same</p>
<p>13 <i>*^#Chicken Tenders</i>, Steamed Vegetable, Fresh Fruit. Milk Veg- Veggie Nuggets</p>	<p>14 Pasta w/ Turkey Meat Sauce, Parmesan Cheese, Steamed Veggies. Fresh Fruit. Milk. Veg- Meatless w/ Cheese</p>	<p>15 All Beef Hotdogs, Baked Beans, House Salad, Fresh Fruit. Milk Veg- Tofu Hotdog</p>	<p>16 <i>Stir Fry Chicken Teriyaki or Tofu With Steamed Basmati Rice</i>, <i>Fresh Veggies</i>, <i>*^Ranch Dip</i>, Milk. Fresh Fruit.</p>	<p>17 <i>#Pulled Chicken Sliders</i> w/BBQ Sauce Creamy Cole Slaw. Milk. Fresh Fruit. Veg <i>#Veggie Patty</i></p>
<p>20 <i>#Chicken Nuggets</i>, Sweet and Sour Sauce, Steamed Vegetable, Milk. Fresh Fruit. Veg-Veggie Nuggets</p>	<p>21 <i>#Pasta and Meat Balls</i> in Tomato Sauce, Parmesan cheese, Romaine Salad, Fresh Fruit. Milk. Veg- Veggie Meatballs</p>	<p>22 Burgers, <i>#WG Bun</i>, Steamed Vegetable. Fresh Fruit Milk <i>Veg- #*^Veggie Burge</i></p>		
<p>27 Pasta Faggioli - Elbow Macaroni, Dark Kidney Beans, Sautéed Spinach, <i>*Parmesan Cheese</i>, Vegetables, Fresh fruit. Milk. Veg-Same</p>	<p>28 Jambalaya. Steamed Basmati Rice, Mild Cajun Sausage, Carrots. Steam Veg. Milk. Fruit. Veg- Meatless Sausage</p>	<p>29 <i>#*Turkey & Cheese Melt</i>. Roasted Turkey, American Cheese, Steamed Veg. Milk. Fresh Fruit. Veg-Meatless</p>	<p>30 <i>#Chili Mac</i>. Elbow Macaroni, Tomato Bean Turkey Chili. Steamed Vegetables. Fresh Fruit. Milk Veg- Meatless</p>	<p>1 <i>*^Turkey Meatballs & Gravy</i>, Steamed Basmati Rice, Carrots & Ranch Dressing. Fresh Fruit. Milk. Veg- Veggie Meatballs</p>