


- All lunches are served with Hormone Free low-fat milk. Infants and toddlers are served whole milk.
- Fresh seasonal or chilled fruit and vegetables are included with every meal.
- This menu does not contain peanuts or peanut products.
- We strive to provide meats that are hormone and antibiotic free.

Mon	Tue	Wed	Thu	Fri
2 #*Macaroni and Cheese with Cheddar and Parmesan Cheese, Steamed Vegetable. Milk. Fresh Fruit. Veg-Same	3 #Grilled Cheese Sandwich,, Tomato Soup Spinach Salad, Raspberry Dressing, Fresh Fruit, Milk. Veg-Same	4 Asian Stir Fried Beef or Tofu and Broccoli with Steamed Jasmine Rice. <i>Fresh Veggies</i> , <i>*^Ranch Dip</i> , Fresh Fruit. Milk	5 #*Chicken and Pasta Alfredo, Steamed Vegetable. Milk. Fresh Fruit. Veg-Same	6 *^#Potato and Cheddar Pierogis. Served with Steamed Vegetables, Fresh Fruit and Milk. Veg - Same
9  Happy COLUMBUS DAY *****	10 Pasta Faggioli - Elbow Macaroni, Dark Kidney Beans, Sautéed Spinach, *Parmesan Cheese, Vegetables, Fresh fruit. Milk. Veg-Same	11 #“Breakfast for Lunch” French Toast , Maple Syrup, Turkey Sausage, Fresh Veggies with <i>*^Ranch Dip</i> . Fresh Fruit. Milk	10 #Pasta and Meat Balls in Tomato Sauce, Parmesan cheese, Romaine Salad, Fresh Fruit. Milk. Veg- Veggie Meatballs	13 “Fish and Chips” X*#Breaded Pollock w/ French Fries. Fresh Veggies & Ranch. Fresh Fruit. Milk. Veg- Veg Nuggets
16 *^#Chicken Tenders, Steamed Vegetable, Fresh Fruit. Milk. Veg- Veggie Nuggets	17 Pasta w/ Turkey Meat Sauce, Parmesan Cheese, Steamed Veggies. Fresh Fruit. Milk. Veg- Meatless w/ Cheese	18 All Beef Hotdogs, Baked Beans, House Salad, Fresh Fruit. Milk. Veg- Tofu Hotdog	19 <i>Stir Fry Chicken Teriyaki or Tofu With Steamed Basmati Rice, Fresh Veggies, *^Ranch Dip</i> , Milk. Fresh Fruit.	20 #Pulled Chicken Sliders w/BBQ Sauce Creamy Cole Slaw. Milk. Fresh Fruit. Veg #*Veggie Patty
23 #Chicken Nuggets, Sweet and Sour Sauce, Steamed Vegetable, Milk. Fresh Fruit. Veg-Veggie Nuggets	24 #Baked Penne Pasta, Tomato sauce, Ricotta & Mozzarella Cheeses, Steamed Vegetable. Milk. Veg- Same. Fresh Fruit.	25 #*Turkey & Cheese Melt. Roasted Turkey, American Cheese, Cucumbers & Ranch Dressing.. Milk. Fresh Fruit. Veg-Meatless	26 #Chili Mac. Elbow Macaroni, Tomato Bean Turkey Chili. Steamed Vegetables. Fresh Fruit. Milk. Veg- Meatless	27 #^Turkey Meatballs & Gravy, Steamed Basmati Rice, Carrots & Ranch Dressing. Fresh Fruit. Milk. Veg- Veggie Meatballs
30 Turkey Burgers, #WG Bun, Steamed Vegetable. Fresh Fruit. Milk. Veg- #*^Veggie Burge	31 Jambalaya. Steamed Basmati Rice, Mild Cajun Sausage, Carrots. Steam Veg. Milk. Fruit. Veg- Meatless Sausage			<i>Allergens:</i> *CONTAINS MILK ^CONTAINS EGG *CONTAINS FISH # CONTAINS GLUTEN