


- All lunches are served with Hormone Free low-fat milk. Infants and toddlers are served whole milk.
- Fresh seasonal or chilled fruit and vegetables are included with every meal.
- This menu does not contain peanuts or peanut products.
- We strive to provide meats that are hormone and antibiotic free.

Mon	Tue	Wed	Thu	Fri
<p><i>Allergens:</i> *CONTAINS MILK ^CONTAINS EGG *CONTAINS FISH # CONTAINS GLUTEN</p>				<p>1 *^#Potato and Cheddar Pierogis. Served with Steamed Vegetables, Fresh Fruit and Milk. Veg - Same</p>
	<p>5 ##Macaroni and Cheese with Cheddar and Parmesan Cheese, Steamed Vegetable. Milk. Fresh Fruit. Veg-Sam</p>	<p>6 Asian Stir Fried Beef or Tofu and Broccoli with Steamed Jasmine Rice. <i>Fresh Veggies, ^Ranch Dip</i>, Fresh Fruit. Milk</p>	<p>7 ##Chicken and Pasta <i>Alfredo</i>, Steamed Vegetable. Milk. Fresh Fruit. Veg-Same</p>	<p>8 “Fish and Chips” X##Hush Puppy Breaded Pollock w/ French Fries. Fresh Veggies & Ranch. Fresh Fruit. Milk. Veg– Veg Nuggets</p>
<p>11 Pasta Faggioli - Elbow Macaroni, Dark Kidney Beans, Sautéed Spinach, *Parmesan Cheese, Vegetables, Fresh fruit. Milk. Veg-Same</p>	<p>12 <i>Stir Fry Chicken Teriyaki or Tofu With Steamed Basmati Rice, Fresh Veggies, ^Ranch Dip</i>, Milk. Fresh Fruit.</p>	<p>13 All Beef Hotdogs, Baked Beans, House Salad, Fresh Fruit. Milk Veg- Tofu Hotdog</p>	<p>14 Pasta w/ Turkey Meat Sauce, Parmesan Cheese, Steamed Veggies. Fresh Fruit. Milk. Veg- Meatless w/ Cheese</p>	<p>15 #Pulled Chicken Sliders w/BBQ Sauce Creamy Cole Slaw. Milk. Fresh Fruit. Veg ##Veggie Patty</p>
<p>18 *^#Chicken Tenders, Grain and Vegetable Blend. Fresh Fruit. Milk Veg- Veggie Nuggets</p>	<p>19 #Baked Penne Pasta, Tomato sauce, Ricotta & Mozzarella Cheeses, Steamed Vegetable. Milk. Veg– Same. Fresh Fruit.</p>	<p>20 Jambalaya. Steamed Basmati Rice, Mild Cajun Sausage, Carrots. Steam Veg. Milk. Fruit. Veg– Meatless Sausage</p>	<p>21 #Chili Mac. Elbow Macaroni, Tomato Bean Turkey Chili. Steamed Vegetables. Fresh Fruit. Milk Veg– Meatless</p>	<p>22 #^Turkey Meatballs & Gravy, Steamed Basmati Rice, Fresh Veggies & Ranch Dressing. Fresh Fruit. Milk. Veg– Veggie Meatballs</p>
<p>25 #Chicken Nuggets with Sweet and Sour Sauce, Vegetable Fried Rice, Milk. Fresh Fruit. Veg- Veggie Nuggets</p>	<p>26 ##“Breakfast for Lunch” French Toast , Maple Syrup, Turkey Sausage, Fresh Veggies with ^Ranch Dip. Fresh Fruit. Milk Veg- Meatless</p>	<p>27 ##Turkey & Cheese Melt. Roasted Turkey, American Cheese, Wheat Sub Roll. Steamed Vegetable. Milk. Fresh Fruit. Veg-Meatless</p>	<p>28 #Pasta and Meat Balls in Tomato Sauce, Parmesan cheese, Romaine Salad, Fresh Fruit. Milk. Veg– Veggie Meatballs</p>	<p>29 Turkey Burgers, #WG Bun, Steamed Vegetable. Fresh Fruit Milk Veg- ##^Veggie Burge</p>