


- All lunches are served with Hormone Free low-fat milk. Infants and toddlers are served whole milk.
- Fresh seasonal or chilled fruit and vegetables are included with every meal.
- This menu does not contain peanuts or peanut products.
- We strive to provide meats that are hormone and antibiotic free.

Mon	Tue	Wed	Thu	Fri
			1 "Fish and Chips" X*#^Breaded Pollock w/ French Fries. Fresh Veggies & Ranch. Fresh Fruit. Milk. Veg- Veg Nuggets	2 *^#Potato and Cheddar Pierogis. Served with Steamed Vegetables, Fresh Fruit and Milk. Veg - Same
5 #*Macaroni and Cheese with Cheddar and Parmesan Cheese, Steamed Vegetable. Milk. Fresh Fruit. Veg-Same	6 #“Breakfast for Lunch” French Toast , Maple Syrup, Turkey Sausage, Fresh Veggies with *^Ranch Dip. Fresh Fruit. Milk	7 Jambalaya. Steamed Basmati Rice, Mild Cajun Sausage, Carrots. Steam Veg. Milk. Fruit. Veg- Meatless Sausage	8 #Pasta and Meat Balls in Tomato Sauce, Parmesan cheese, Romaine Salad, Fresh Fruit. Milk. Veg- Veggie Meatballs	9 #Pulled Chicken Sliders w/BBQ Sauce Creamy Cole Slaw. Milk. Fresh Fruit. #^Veg-Veggie Nuggets
12 #Pasta Faggioli - Elbow Macaroni, Dark Kidney Beans, Sautéed Spinach, *Parmesan Cheese, Vegetables, Fresh fruit. Milk. Veg-Same	13 All Beef Hotdogs, #WG Bun, Baked Beans, House Salad, Fresh Fruit. Milk Veg- Tofu Hotdog	14 #Pasta w/ Turkey Meat Sauce, Parmesan Cheese, Steamed Veggies. Fresh Fruit. Milk. Veg- Meatless w/ Cheese	15 Asian Stir Fried Beef or Tofu and Broccoli with Steamed Jasmine Rice. Fresh Veggies, *^Ranch Dip, Fresh Fruit. Milk	16 #Chicken Nuggets, Sweet and Sour Sauce, Steamed Vegetable, Milk. Fresh Fruit. #^Veg-Veggie Nuggets
	20 *^#Chicken Tenders, Steamed Vegetable, Fresh Fruit. Milk Veg- Veggie Nuggets	21 #Chili Mac. Macaroni, Tomato Bean Turkey Chili. Steamed Vegetables. Fresh Fruit. Milk Veg- Meatless	22 #Grilled Cheese Sandwich, Tomato Soup Spinach Salad, Raspberry Dressing, Fresh Fruit, Milk. Veg-Same	23 #^Turkey Meatballs & Gravy, Steamed Basmati Rice, Carrots & Ranch Dressing. Fresh Fruit. Milk. Veg- Veggie Meatballs
26 Beef Burgers, #WG Bun, Steamed Vegetable. Fresh Fruit Milk Veg- #*^Veggie Burge	27 #*Cheddar Cheese and Corn Quesadillas, Tomato Salsa, *Sour Cream, Black Beans. Fresh Fruit. Milk Veg- Same	28 #*Farfalle Alfredo. Bowtie Pasta, Parmesan cheese sauce, Steamed Vegetable. Milk. Fresh Fruit.		Allergens: *CONTAINS MILK ^CONTAINS EGG *CONTAINS FISH # CONTAINS GLUTEN