SCHOOLHOUSE GRILL
School Meal Specialist

Allergy Menu

November 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**2**	**3**	**4**	**5**
Gluten, Dairy & Egg Free - Whole Grain Baked Chicken Nuggets 4 ea Five-Way Hot Mixed Vegetables ¼ c Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Two-Way Hot (Peas & Corn) Mixed Vegetables ¼ c Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Grilled Fajita Seasoned Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh Tossed Salad ¼ c Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Capri Mixed Vegetables ¼ c Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Whole Grain Baked Chicken Tenders 2 ea Fresh Green Beans ¼ c Fresh or Chilled Fruit
8	**9**	**10**	**11**	**12**
Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Sweet Hot Baby Peas ¼ c Fresh or Chilled Fruit	GLUTEN & DAIRY FREE - Breaded Chicken Patty on Bun EGG & DAIRY FREE - Grilled Chicken Breast 1 ea on Bun Sweet Yellow Corn ¼ c Fresh or Chilled Fruit	"Breakfast For Lunch" Gluten, Dairy & Egg Free Waffles 2 ea Turkey Sausage Patty 1 ea Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh Baby Carrots ¼ Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Five-Way Hot Mixed Vegetables ¼ c Fresh or Chilled Fruit
15	**16**	**17**	**18**	**19**
Gluten, Dairy & Egg Free - Whole Grain Baked Chicken Nuggets 4 ea Capri Mixed Vegetables ¼ c Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Two-Way Hot (Peas & Corn) Mixed Vegetables ¼ c Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Freshly Sliced Cucumbers 3 ea Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Sweet Hot Baby Peas ¼ c Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh Baby Carrots ¼ Fresh or Chilled Fruit
22	**23**	**24**	**25**	**26**
Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c California Blend Hot Mixed Vegetables Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh Baby Carrots ¼ Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Whole Grain Baked Chicken Tenders 2 ea Sweet Hot Baby Peas Fresh or Chilled Fruit	Thanksgiving Day Holiday	Thanksgiving Day Holiday
29	**30**			
"Breakfast For Lunch" Gluten, Dairy & Egg Free Waffles 2 ea Turkey Sausage Patty 1 ea Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Roasted Turkey Sub California Blend Hot Mixed Vegetables Fresh or Chilled Fruit		Fresh or Chilled Fruit: Cantaloupe, Watermelon, Honeydew, Apple, Banana, Orange Wedges	THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS