SCHOOLHOUSE GRILL
School Meal Specialist

Open Arms

September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider.	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges			Beef Taco Rice Bowl 2 oz Whole Grain Rice ¼ c w/ Cheddar Cheese; Sweet Yellow Corn ¼ c Veggie: Bean Soft Taco Fruit or Chilled Fruit
4	**5**	**6**	**7**	**8**
Labor Day Holiday	Whole Grain Breaded Chicken Nuggets 4 ea Sweet Hot Baby Peas ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Morningstar Breakfast Patty Fresh or Chilled Fruit	Italian Cavatappi Pasta w/ Bolognese (Chicken) Sauce ½ c Capri Mixed Vegetables ¼ c Veggie: Cavatappi w/ Marinara Fresh or Chilled Fruit	Yum Turkey Hot Dog on a Whole Grain Bun 1 ea Fresh Green Beans ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit
11	**12**	**13**	**14**	**15**
Kid Fav Whole Grain Creamy Mac n' Cheese ½ c Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Fresh Grilled Beef Hamburger Patty on Whole Grain Bun 1 ea Hot Carrot Coins ¼ c Veggie: Morningstar Garden Burger on Bun Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing; Veggie: Veggie Balls over Rice; Fresh Fruit	Whole Grain Breaded Chicken Tenders 3 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Classic Cheesy Whole Grain Baked Ziti ½ c Two Way Mixed Baby Peas & Carrots ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit
18	**19**	**20**	**21**	**22**
Orange Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Hot Cooked Broccoli ¼ c Veggie: Veggie Orange Chik Strips Fresh or Chilled Fruit	House Made Creamy Chicken Whole Grain Penne Alfredo ½ c Sweet Hot Baby Peas ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit	BYO Whole Grain Pita Pizza: 2 Pita Rounds, 2 oz Pizza Cheese, 1 oz Pizza Sauce Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing Veggie: BYO Pizza; Fresh Fruit.	"Breakfast For Lunch" Jumbo Square Waffles 2 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Morningstar Breakfast Patty Fresh or Chilled Fruit	Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese Fresh Green Beans ¼ c Veggie: Italian Meatless Ball Sub Fresh or Chilled Fruit
25	**26**	**27**	**28**	**29**
Garlic Butter Sauce Rainbow Tortellini Pasta Blend Topped w/ Parmesan Cheese ½ c Five Way Blend Hot Mixed Vegetables ¼ c; Veggie: Tortellini Pasta; Fresh Fruit	Southern Mini Turkey Corn Dog Nuggets 4 ea Capri Mixed Vegetables ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Hawaiian Turkey Meatballs 3 ea over Enriched Whole Grain Rice ¼ c; Hot Carrot Coins ¼ c Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Grilled Chicken & Cheddar Cheese Quesadilla 1 ea Sweet Yellow Corn ¼ c Veggie: Cheese Quesadilla Fresh or Chilled Fruit	Whole Grain Four Cheese Ravioli ½ c in Marinara Sauce Two Way Mixed Baby Peas & Carrots ¼ c Veggie: Cheese Ravioli Fresh or Chilled Fruit