SCHOOLHOUSE GRILL
School Meal Specialist

Open Arms - Snack

September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider.	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges			AM: ⅓ c Life Cereal w/ ½ c Milk PM: Cinnamon Raisin Bread ½ ea w/ Daily Fresh Fruit ½ c
4	5	6	7	8
Labor Day Holiday	AM: Mini Corn Muffin 1 ea w/ Daily Fresh Fruit ½ c PM: Animal Crackers 4 ea w/ Daily Fresh Fruit ½ c	AM: ⅓ c Toasted Oats Cereal w/ ½ c Milk PM: Goldfish Crackers ¼ c w/ Mozzarella String Cheese ½ ea	AM: Blueberry Bagel ½ ea w/ Cream Cheese 2 oz ea PM: Assorted Nutri-Grain Bar ½ ea w/ Daily Fresh Fruit ½ c	AM: Assorted Yogurt 2 oz w/ Graham Crackers 4 ea PM: Whole Grain Pita Bread 1 ea w/ Cheddar Cheese Slice 1 ea
11	12	13	14	15
AM: ⅓ c Corn Chex Cereal w/ ½ c Milk PM: Hawaiian Roll 1 ea w/ Daily Fresh Fruit ½ c	AM: Cinnamon Raisin Bread ½ ea w/ Daily Fresh Fruit ½ c PM: Soft Whole Wheat Baked Pretzel ½ ea w/ Mozzarella String Cheese ½ ea	AM: Mini Banana Muffin 1 ea w/ Daily Fresh Fruit ½ c PM: Vanilla Wafers 4 ea w/ Daily Fresh Fruit ½ c	AM: ⅓ c Rice Crispies Cereal w/ ½ c Milk PM: Oyster Crackers ¼ c w/ Mild Cheddar Cheese Cubes 3 ea	AM: Whole Grain Bagel ½ ea w/ Cream Cheese 2 oz ea PM: Wheatberry Bread ½ ea w/ Daily Fresh Fruit ½ c
18	19	20	21	22
AM: Assorted Yogurt 2 oz w/ Graham Crackers 4 ea PM: Townhouse Crackers 4 ea w/ Mild Cheddar Cheese Cubes 3 ea	AM: ⅓ c Corn Flakes Cereal w/ ½ c Milk PM: Vanilla Wafers 4 ea w/ Daily Fresh Fruit ½ c	AM: Honey Wheat Biscuit ½ ea w/ Fruit Preserves 1 ea w/ Daily Fresh Fruit ½ c PM: Buttery Ritz Crackers 4 ea w/ American Cheese Slice 1 ea	AM: Mini Apple Cinnamon Muffin 1 ea w/ Daily Fresh Fruit ½ c PM: Assorted Nutri-Grain Bar ½ ea w/ Daily Fresh Fruit ½ c	AM: ⅓ c Toasted Oats Cereal w/ ½ c Milk PM: Whole Grain Nan ½ ea w/ Tzatziki Dip 2 ts
25	26	27	28	29
AM: Cinnamon Swirl Bagel ½ ea w/ Cream Cheese 2 oz ea PM: Goldfish Crackers ¼ c w/ Mozzarella String Cheese ½ ea	AM: Whole Grain English Muffin ½ ea w/ Fruit Preserves Daily Fresh Fruit ½ c PM: Wheatberry Bread ½ ea w/ Daily Fresh Fruit ½ c	AM: ⅓ c Life Cereal w/ ½ c Milk PM: Cinnamon Raisin Bread ½ ea w/ Daily Fresh Fruit ½ c	AM: Assorted Yogurt 2 oz w/ Graham Crackers 4 ea PM: Animal Crackers 4 ea w/ Daily Fresh Fruit ½ c	AM: Mini Blueberry Muffin 1 ea w/ Daily Fresh Fruit ½ c PM: Soft Whole Wheat Baked Pretzel ½ ea w/ Mozzarella String Cheese ½ ea