SCHOOLHOUSE GRILL
School Meal Specialist

Open Arms

November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider.	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges All meals conform to grain requirements of ½ oz equivalent	Kid Fav Whole Grain Creamy Mac n' Cheese ½ c Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Mac n' Cheese Fresh or Chilled Fruit	"Breakfast For Lunch" Jumbo Waffles 2 ea w/ Syrup Turkey Sausage Links 2 ea Veggie: Morningstar Breakfast Patty Fresh or Chilled Fruit	Oriental Orange Sliced Chicken 2 oz ea Enriched Whole Grain Rice ¼ c Hot Cooked Broccoli ¼ c Veggie: Orange Chik'n Fresh or Chilled Fruit
6	7	8	9	10
Beef Taco Rice Bowl 2 oz Whole Grain Rice ¼ c w/ Cheddar Cheese Sweet Yellow Corn ¼ c Veggie: Refried Beans & Rice Fruit or Chilled Fruit	Whole Grain Breaded Chicken Tenders 3 ea Hot Cooked Broccoli ¼ c Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Italian Cavatappi Pasta w/ Bolognese (Chicken) Sauce ½ c Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Cavatappi w/ Marinara Fresh or Chilled Fruit	Southern Mini Turkey Corn Dog Nuggets 4 ea Fresh Green Beans ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Whole Grain Chicken & Cheddar Cheese Quesadilla 1 ea Hot Diced Carrot ¼ c Veggie: Cheese Quesadilla Fresh or Chilled Fruit
13	14	15	16	17
Garlic Butter Sauce Rainbow Tortellini Pasta Blend Topped w/ Parmesan Cheese ½ c Five Way Blend Hot Mixed Vegetables ¼ c; Veggie: Pasta Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Links 2 ea Veggie: Morningstar Breakfast Patty Fresh or Chilled Fruit	Breaded Chicken Patty on Whole Grain Bun 1 ea Hot Carrot Coins ¼ c Veggie: Morningstar Garden Burger on Bun Fresh or Chilled Fruit	Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese Cucumbers 3 ea w/ Creamy Ranch Dressing Veggie: Italian Ball Sub Fresh or Chilled Fruit	Korean BBQ Chicken 2 oz ea Whole Grain Rice ¼ c Hot Cooked Broccoli ¼ c Veggie: Korean BBQ Chik'n Fresh or Chilled Fruit
20	21	22	23	24
Whole Grain Breaded Chicken Nuggets 4 ea Sweet Hot Baby Peas ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Classic Cheesy Whole Grain Baked Ziti ½ c Fresh Green Beans ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	BYO Whole Grain Pita Pizza: 2 Pita Rounds, 2 oz Pizza Cheese, 1 oz Pizza Sauce Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing Veggie: BYO Pizza; Fresh Fruit	Thanksgiving Day Holiday	Thanksgiving Day Holiday
27	28	29	30	
Home-Style Turkey Meatballs 3 ea over Whole Grain Rice ¼ c Sweet Yellow Corn ¼ c Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Home-Made Chicken Pot Pie ½ c w/ Biscuit ½ ea Fresh Green Beans ¼ c Veggie: Meatless Balls over Rice Fresh or Chilled Fruit	Kid Fav Whole Grain Creamy Mac n' Cheese ½ c Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Mac n' Cheese Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Links 2 ea Veggie: Morningstar Breakfast Patty Fresh or Chilled Fruit	